

Detection and distribution of anti-leptospiral antibody among dogs and their handlers

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Abstract. The incidence of leptospirosis seems to be on the rise and could be an alarming indirect indication of a global re-emergence. It is a potential public health threat when dogs are speculated to be involved in the transmission of leptospirosis through possible sub-clinical harbouring of *Leptospira* spp. and subsequent shedding into the environment. This study aimed to detect anti-leptospiral antibodies among dogs and their handlers using the microscopic agglutination test (MAT). Blood samples from 266 apparently healthy dogs and 194 dog handlers were collected at four working dog organisations and four dog shelters. Serum samples were tested using MAT against 20 leptospiral serovars with a cut-off titre $\geq 1:100$ (dog) and $\geq 1:50$ (dog handlers). Seventy dogs (70/266; 26.3%) were seropositive mainly against serovars Icterohaemorrhagiae, Ballum, Bataviae and Javanica (titres ranged: 1:100–1:800). Sixty-seven dog handlers (67/194; 34.5%) were seropositive mainly against serovars Grippotyphosa, Icterohaemorrhagiae and Malaysia (titres ranged: 1:50–1:200). Dogs were seropositive due to exposure, vaccination or active infection. Seropositive dog handlers could indicate exposure or active infection. This shows the potential of dogs in maintaining and spreading the infection in Malaysia. Due to the occupational risk as a result of frequent contact with dogs and exposure to contaminated environments, dog handlers should be made aware of the presence of this zoonotic disease.

INTRODUCTION

Leptospirosis an emerging zoonotic disease caused by *Leptospira* spp. It occurs worldwide especially in tropical regions like Malaysia. Annually, 1.03 million cases were reported globally with mortality of 5.72% (Costa *et al.*, 2015). In 2015, the Disease Control Division of the Ministry of Health Malaysia estimated that 30.2/100000 new cases were reported annually. Although incidence has increased within the decade, underestimation occurs as infections unrelated to flood were rarely reported. In Malaysia, reported human cases have always been associated with exposure to contaminated soil and water. Outbreaks occur with flooding during the monsoon season (Benacer *et al.*, 2016).

Leptospira spp. is harboured by animal carriers, rats being the most common (Levett *et al.*, 2009). Other animals like dogs have been speculated to play a vital role in transmission of infection. Recent canine seroprevalence data has shown a wide variation of detected serovars in dogs (Ambily *et al.*, 2013; Habus *et al.*, 2017). A few preliminary studies in Malaysia reported a seroprevalence of canine leptospirosis between 3.0 to 7.0% from shelter, pet and working dogs (Khor *et al.*, 2016; Lau *et al.*, 2016, 2017).

It is associated with a wide range of occupations such as sewage and oil palm plantation workers (Ridzuan *et al.*, 2016). These studies speculated disease transmission either via direct contact with rats or indirectly from the contaminated

environment. Leptospirosis infection was reported in occupations involving animals contact such as slaughterhouse and dairy farm workers resulting from handling of infected live animals and carcasses (Dreyfus *et al.*, 2015).

Infected dogs can be a potential public health threat to humans. In Malaysia, anecdotal evidence has been reported in newspapers of dog owners falling ill from contact with their infected dogs. Mostly dogs are kept as pets, except for the ones used for certain tasks like drug sniffing etc. Therefore, it could be an occupational risk for dog handlers (Awosanya *et al.*, 2013). This study aimed to detect anti-leptospirosis antibody in working and shelter dogs and their handlers. Serological surveillance provides much needed preliminary assessment of leptospirosis in managing its endemicity (MOH, 2015; Benacer *et al.*, 2016).

MATERIALS AND METHODS

This cross-sectional study was carried out on dogs and their handlers from four working dog organisations and four dog shelters in the states of Johor, Kuala Lumpur, Negeri

Sembilan and Selangor. The working dog organisations were located in urban regions amongst commercial and residential areas. Dog shelters on the other hand were rurally located amidst forest regions and agricultural land. They were contacted and approval for participation was obtained. Research ethical approval was obtained from the Institutional Animal Care and Use Committee (UPM/IACUC/AUP-R091/2016) which allowed for handling of dogs and Research Ethics Committee (UKMPPI/111/8/JEP-2016-494) allowing for recruitment of dog handlers. Information obtained was confidential and to be only used for research purposes.

Demographics

For the selected dogs, demographic information was retrieved from available records as shown in Table 1. Social demographic information of the dog handlers obtained was as shown in Table 2.

Blood Collection

Blood samples were collected from the cephalic vein of dogs by a trained veterinarian. Meanwhile, human blood samples were collected from a brachial vein puncture by a licensed medical doctor. All the samples were immediately transported in chiller

Table 1. Demographics of selected dogs (n=266)

Items	Frequency (%)	
Gender	Male	187 (70.3)
	Female	79 (29.7)
Dog Type	Shelter Dog	193 (72.6)
	Working Dog	73 (27.4)
Median Age (Range)	3 years (1–11 years)	
Vaccination Status	Vaccinated	142 (53.4)
	Unvaccinated	124 (46.6)
Vaccine Type	Bivalent (Icterohaemorrhagiae & Canicola)	103 (72.5)
	Quadrivalent (Icterohaemorrhagiae Canicola, Grippotyphosa and Pomona)	39 (27.5)
Breeds	Local	191 (71.8)
	Labrador	36 (13.5)
	German Shepherd Dog	18 (6.8)
	Malinois	10 (3.7)
	English Spriner Spaniel	2 (0.8)
	Cocker Spaniel	9 (3.4)

Table 2. Demographics of selected dog handlers (n=194)

Items	Frequency (%)
Gender	
Male	162 (83.5)
Female	32 (16.5)
Race / Nationality	
Malay	15 (7.7)
Indian	55 (28.4)
Chinese	43 (22.2)
Borneo Indigenous	54 (27.8)
Indonesian	13 (6.7)
Myanmarese	13 (6.7)
Pakistani	1 (0.5)
Handler Type	
Shelter Dog Handlers	70 (36.1)
Working Dog Handlers	124 (63.9)
Median Age (Range)	37 years (20–61 years)
Job Description	
Administration	55 (28.4)
Kennel man	28 (14.4)
Dog Handler	77 (39.7)
Volunteers	34 (17.5)

boxes at 4°C to the Bacteriology Laboratory in the Faculty of Veterinary Medicine, University Putra Malaysia. Samples were centrifuged at 5000 rpm for 10 minutes. The serum obtained was aliquoted into 1.5mL Eppendorf® Microcentrifuge tubes and stored at -20°C for further analysis.

Microscopic Agglutination Test (MAT)

MAT was performed according to procedure described by the World Organisation for Animal Health (OIE). All samples were tested against 20 leptospiral serovars antigens, based on the common pathogenic serovars found in dogs/humans or both, including an environmental pathogenic serovar and a saprophytic serovar to determine the level of agglutinating antibodies (Slack *et al.*, 2009; Lim, 2011; Khor *et al.*, 2016; Lau *et al.*, 2016) as shown in Table 3. All antigens were obtained from Leptospirosis Reference Laboratory, Queensland Health, Queensland, Australia. The sample was considered seropositive if there was <50% free leptospores

Table 3. Leptospiral antigen panel for microscopic agglutination test (MAT)

Species	Serovar	Strain
<i>L. interrogans</i>	Icterohaemorrhagiae	RGA
	Canicola	Hond Utrecht IV
	Pomona	Pomona
	Bataviae	Swart
	Australis	Ballico
	Tarassovi	Perepelitsin
	Autumnalis	Akiyami A
	Pyrogenes	Salinem
	Hebdomadis	Hebdomadis
	Hardjo	Hardjoprajitno
	Lai	Lai
	Copenhageni	Fiocruz
	<i>L. weilii</i>	Celledoni
<i>L. kirschneri</i>	Grippotyphosa	Moskva V
	Cynopteri	3522C
<i>L. borgpetersenii</i>	Ballum	Mus 127
	Hardjobovis	117123
	Javanica	Veldrat Bataviae 46
<i>L. kmetyi</i>	Malaysia	Bejo-Iso9 ^T
<i>L. biflexa</i>	Patoc	Patoc 1

and >50% agglutination when compared to the positive control (hyperimmune serum) and negative control (antigen only). Cut off titre of 1:100 (dogs) (OIE, 2014) and 1:50 (dog handlers) were used in this study. The suspected infecting serovar was determined based on the serovar with the highest titre.

Statistical Analysis

All the data was tabulated and analysed descriptively using IBM® SPSS® Statistics Version 23. Data was presented as frequency and percentages of seropositivity.

RESULTS

Microscopic Agglutination Test (MAT)

The seroprevalence among dogs was 26.3% (n=70/266) (titres ranged: 1:100–1:800). The seropositive levels from dog shelters and working dog organisations are shown in Figure 1. The percentage of seropositive sheltered dogs was higher (19.9%; n=53/266) as compared to working dogs (6.4%; n=17/266). From the 70 seropositive dogs, 44 dogs (62.8%) were vaccinated. These 44 dogs comprised of 16 working dogs and 28 shelter dogs. Out of 142 vaccinated dogs, 30.9% (n=44) were seropositive. Each of

two working dog organisations (W3 and W4) had one seropositive dog. The distribution of leptospiral serovars, detected among dogs is shown in Table 4. Thirteen leptospiral serovars were detected with the prominent ones as follows; Icterohaemorrhagie (9%), Ballum (5.3%), Bataviae (3.4%), and Javanica (2.6%). The common serovars among non-vaccinated dogs were Ballum (3.8%) and Icterohaemorrhagiae (2.6%) whereas in the vaccinated dogs Icterohaemorrhagiae (6.4%) and Bataviae (2.6%) were prominent.

The seroprevalence among dog handlers was 34.5% (n=67/194) (Figure 1) (titres ranged: 1:50–1:200). Forty-six (68.7 %) of the 67 seropositive dog handlers worked at the dog shelters while the remaining 21 (31.3%) were from the working dog organisations. Two working dog organisations had seropositive dog handlers; W1 at 6.2% (n=12/194) and W2 at 4.6% (n=9/194). The highest serodetection level among the dog handlers was from dog shelter S4 at 17.5% (n=34/194) whereas the lowest was from dog shelter S3 at 1.6% (n=3/194). Dog handlers were seropositive for 11 serovars, with the main ones being Grippityphosa (7.73%), Malaysia (6.19%) and Icterohaemorrhagiae (5.15%) as shown in Table 4.

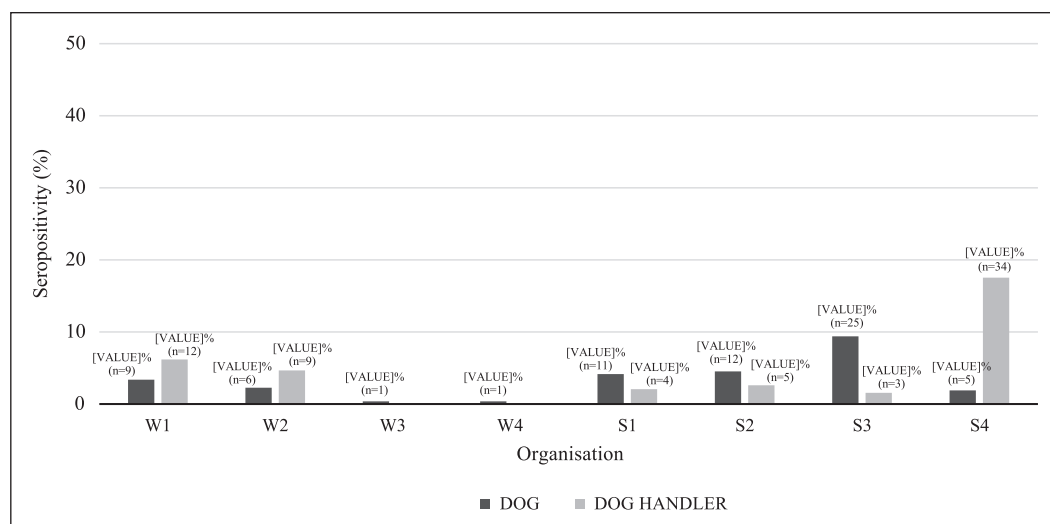


Figure 1. Seropositivity distribution by organisation among dogs (N=266) and dog handlers (N=194) (w= working and s=shelters).

Table 4. Distribution of leptospiral serovars among dogs and dog handlers

Serovars	Dog (1:100)		n (%)	Dog Handler (1:50)		n(%)
	Working	Shelter		Working	Shelter	
Icterohaemorrhagiae	11	13	24 (9.0)	3	7	10(5.2)
Canicola	–	1	1 (0.4)	1	1	2(1.0)
Grippotyphosa	1	1	2(0.8)	5	10	15(7.7)
Australis	1	2	3(1.1)	3	–	3(1.6)
Autumnalis	–	1	1(0.4)	–	–	–
Lai	–	5	5(1.9)	–	–	–
Ballum	–	14	14(5.3)	–	–	–
Hardjobovis	1	–	1(0.4)	–	–	–
Hardjo	–	1	1(0.4)	0	4	4(2.1)
Bataviae	1	8	9(3.4)	0	4	4(2.1)
Javanica	–	7	7(2.6)	–	–	–
Pyrogenes	1	–	1(0.4)	5	1	6(3.1)
Hebdomadis	–	–	–	–	5	5(2.6)
Patoc	–	–	–	3	2	5(2.6)
Malaysia	–	–	–	–	12	12(6.2)
Cynopteri	–	–	–	1	–	1 (0.5)
Copenhageni	1	–	1 (0.4)	–	–	–
Total	17	53	70 (26.3)	21	46	67 (34.5)

DISCUSSION

The involvement of dogs in leptospirosis transmission among animals and humans has longed been speculated. Their role varies depending on interaction with the *Leptospira* spp. excreted by animal reservoirs or indirectly through contaminated water and soil (Adler *et al.*, 2010). Aside from being pets, dogs were trained for tasks such as herding livestock, aiding the disable, hunting etc (Mariti *et al.*, 2013). This will potentially expose them to the pathogen. Immunological assessment provides vital information regarding its local presence.

In our study, dog shelters (19.9%, n=53/266) had more seropositive dogs compared to working dog organisations (6.4%, n=17/266). It is higher than previous local studies of 3.8% (n=3/80) (Khor *et al.*, 2016) and 7.0% (n=4/57) (Lau *et al.*, 2016), as fewer shelters were previously recruited. Similar results had also been reported among shelter dogs in Brazil (20.0%) (de Paula Dreer *et al.*, 2013).

Shelter management plays an important role in the transmission of leptospirosis. The dirty and poorly managed shelters in this study eased disease transmission. More seropositive dogs (6.4%, n=17/266) were found in the working dog organisations as compared to reports by Lau (3.1%) (Lau *et al.*, 2017). It is attributed to a larger sample size incorporating working dog organisations with diverse working environment and risk.

Three main serovars detected among dogs were Icterohaemorrhagiae, Ballum and Bataviae. The absence of Ballum and Bataviae in commercial vaccines suggests potential exposure. These serovars were similar to reports in different groups of dogs i.e. stray dogs, shelter dogs and also pet dogs in countries such as Serbia, Colombia, India, Mexico, and Croatia (Majetić *et al.*, 2012; Ambily *et al.*, 2013; Cruz-romero *et al.*, 2013; Vojinoviæ *et al.*, 2015). Among working dogs, the detection of serovar Icterohaemorrhagiae, Grippotyphosa, Australis, Hardjobovis, Bataviae,

Pyrogenes, and Copenhageni was consistent with previous reports with the addition of serovar Javanica (Lau *et al.*, 2017). Having been tasked at various locations (exposures) resulted in such diversity. Detection of Icterohaemorrhagiae and Grippityphosa could likely be from vaccination with the remaining serovars be due to past exposure.

The most common serovar among shelter dogs was Ballum. Our findings differed from studies in Brazil (de Paula Dreer *et al.*, 2013) where Copenhageni was the most prevalent. Local studies on dog shelters detected other serovars such as Icterohaemorrhagiae and Canicola (Lau *et al.*, 2016) and Bataviae (3.8%, n=3/80) (Khor *et al.*, 2016). Differences in shelter environment lead to such variation. Different geographical areas and the presence of different species of reservoir animals may also affect the serovars detected (Pui *et al.*, 2017). This possibility was not able to be investigated.

Dog shelters were in rural areas amongst agricultural land and forest regions, allowing domestic and wild animals to encroach on the grounds of the shelter. All dog shelters had environments conducive for attracting reservoir animals. With a high number of dogs in the shelters, each enclosed cage housed many dogs and had large centralised trays providing ad libitum food and waters. This would attract reservoir animals into the feeding area. Disease management is challenging due to limited space as sick and healthy dogs are housed together further spreading the disease. Dogs are allowed to roam freely within the shelter. The working dog organisations institutions were better managed with good hygiene practices and clean enclosed areas for their dogs. As an integral part of these government agencies, the dogs are provided protection through immunisation. The diversity in leptospiral serovars causes limitations, as protection is serovar specific. The shelter dogs were not provided similar immunisation making them more susceptible.

MAT provided information on the presence of antibodies towards specific serovars that affects the dogs and dog handlers from these selected locations.

Detection warrants further investigation into the source of infection in both humans and dogs. Antibody titres of more than 1:100 among occult healthy dogs in the current study may suggest possible infection or carrier status. However, the true status (active infection, exposure or vaccination) remains unknown as molecular detection was not carried out. Urine samples are crucial to prove the potential of dogs as an infection source spreading the disease to animals and humans working closely with them.

More dog shelter handlers were seropositive similar to reports by Awosanya among kennel workers where 66% (n=10/15) were positive. This could be caused by similar unhygienic working environments. Poor hygiene practices among kennel workers in a dirtier environment potentiates risk of infection. Slaughterhouse workers from Kenya and New Zealand were at higher risk from direct contact with infected animals and offal with serodetection of 13.4% (Cook *et al.*, 2017) and 8.3% (Dreyfus *et al.*, 2015) respectively. In Malaysia, human vaccination is not practiced, thus seropositive cases among healthy dog handlers using low cut-off titre of 1:50 would suggest exposure possibly from frequent contact with the dogs or working in contaminated environments during various operations.

In Malaysia, past studies had looked at leptospirosis among various occupations. A survey on town service workers documented a seroprevalence of 24.7% (Shafei *et al.*, 2012). Ridzuan reported that 28.6% of oil palm plantation workers were seropositive (Ridzuan *et al.*, 2016). Another study by Rafizah among febrile hospital patients found a seroprevalence of 8.4% with agricultural workers being the most common (Rafizah *et al.*, 2013). These results indicate that individuals working in possibly contaminated environment such as plantations and garbage collection area are at risk of infection due to presence of reservoir animals. Serovars Grippityphosa and Malaysia have not been vastly reported locally. Local studies reported serovars Sejroe (Rafizah *et al.*, 2013), Patoc 1 (Shafei *et al.*, 2012) and Sarawak (Ridzuan *et al.*,

2016). Grippotyphosa can normally be found in raccoons, marsupials and sometimes cattle (Mgode *et al.*, 2015). Malaysia is an environmental pathogenic serovar thus indicating possible environmental exposure (Slack *et al.*, 2009). Similarity in serovars among dog handlers and dogs could be exposure to the same source of infection or potential transmission from dogs to humans. Unfortunately, the source of exposure could not be determined.

The conclusion that could be drawn was that different groups were observed to have different exposures from different working environments. Tasks such as search and rescue, cadaver retrieval, fugitive apprehension, narcotic detection, bomb detection, and contraband detection, exposes working dogs and their handlers to various sources of infection. Despite having diverse working environment, serodetection is lower among working dog handlers possibly due to the high level of protection from protective uniforms and gear during their operations mitigating the risk of infection by prevent injuries and reducing environmental exposure to leptospires (Thibeaux *et al.*, 2017). Infections among dog shelters handlers occur from working in humid unhygienic conditions with the presence of leptospires excreting reservoirs animals (rats) allowing environmental persistence (Senthil *et al.*, 2013). Limited formal education among foreigners lead to a lack of PPE awareness and usage which increases the risk of infection (Awosanya *et al.*, 2013). Their exposure was further prolonged from staying within the dog shelters itself. Unlike the working dog organisations with government funding, the limited funding of dog shelters causes operational limitations such as proper disease control and preventive measures through vaccination and veterinary care.

Canine immunisation has been vastly implemented worldwide using either a quadrivalent (Icterohaemorrhagiae, Canicola, Grippotyphosa and Pomona) or a bivalent (Icterohaemorrhagiae and Canicola) vaccine (Day *et al.*, 2016). This resulted in a decrease in canine leptospirosis caused by vaccine serovars as seen in the United States and

Canada (Lee *et al.*, 2014). Despite vaccination efforts, cases are still reported in recent years with newer serovars (Roqueplo *et al.*, 2014; Delaude *et al.*, 2017). Initiatives to incorporate them into commercial vaccines is ongoing. In this study, detection of Ballum, Bataviae and Javanica puts these dogs at risk of getting infected with their absence in commercial vaccine. Continuous local work is warranted in efforts to reveal the role of dogs in the disease dissemination.

CONCLUSION

This study investigated the serological detection of anti-leptospiral antibodies in both dogs and dog handlers. Rats in both organisational types were believed to be the infection source. There was the possibility of the dogs disseminating the disease amongst themselves and to their handlers posing a public health threat with the risk of potential outbreaks. Confirmatory tests are warranted to determine role of dogs in disease transmission between animals and humans. Urine and whole blood samples for isolation and molecular detection should be included to prove the presence of the organism. Effective preventative and control protocols for leptospirosis should be implemented for both dogs and handlers especially for those in dog shelters to reduce the public health impact.

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Conflict of interest

All authors report no conflict of interest relevant to this article.

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