



RESEARCH ARTICLE

An adjuvant effect of Metformin as an anti-fibrotic agent when administered with the anti-schistosomal Praziquantel in *Schistosoma mansoni* infected mice

Salama, W.M.^{1*}, El-Naggar, S.A.¹, Harras, S.F.¹, El-Said, K.S.²

¹Zoology Department, Tanta University, Faculty of Science, Tanta, Egypt

²Biochemistry Division, Chemistry Department, Faculty of Science, Tanta University, Tanta, Egypt

*Corresponding author: wesam.hassan@science.tanta.edu.eg; wesam.salama2010@gmail.com

ARTICLE HISTORY

Received: 27 Nov 2020
Revised: 26 May 2021
Accepted: 27 May 2021
Published: 30 June 2021

ABSTRACT

Schistosomiasis is the second most common parasitic disease post Malaria around the world. Praziquantel (PZQ) is known as the most efficient anti-schistosomal drug but has no anti-fibrotic effect. Metformin (Met) is a well-known drug for type 2 diabetes. This study aimed to evaluate the role of Met as anti-schistosomal and anti-fibrotic agents alone or in combination with PZQ treatment. Forty male CD1 mice were divided into four groups (n=10 mice) as following; the first group (Gp1) was served as a negative control. Gp2, Gp3, Gp4, and Gp5 were infected with (60-80) *S. mansoni* cercariae. After a month of infection, Gp3 was administered orally with PZQ (500 mg/Kg) for 2 consecutive days. Gp4 was administered orally with Met (150 mg/Kg) for 15 consecutive days, and Gp5 was orally administered with PZQ followed by Met for 15 consecutive days at the same doses as in Gp 3 and 4. The results showed that PZQ had potent worms and egg reduction in liver and intestine tissues with no anti-fibrotic effect of the granuloma formation. However, Met or PZQ/Met treatment post-infection led to a reduction in egg count in both liver and intestine tissues with a significant reduction in granuloma site. Treatment of *S. mansoni*-infected mice with Met or PZQ/Met ameliorated the hematological and biochemical alterations induced by *S. mansoni* infection. Collectively, Met has no anti-schistosomal activity but led to a reduction in egg deposition and showed an anti-fibrotic effect on granulomatous development either when used alone or in combination with PZQ treatment. This study shed light on the possible role of Met as an anti-fibrotic agent when administered with PZQ for *S. mansoni* infected humans.

Keywords: Anti-fibrosis; anti-schistosomal; granuloma; metformin; praziquantel/metformin combination.

INTRODUCTION

Different species of the *Schistosoma* parasite can infect humans and other vertebrate animals (Elshazly *et al.*, 2007). *S. mansoni* and *S. haematobium* are the most common species that can infect humans (Brooker *et al.*, 2009; Portella *et al.*, 2012).

S. mansoni causes severe health problems, for instance, hepatosplenomegaly, liver cirrhosis, and severe anemia (Mwinzi *et al.*, 2012).

As a result of *S. mansoni* egg deposition in the mesenteric circulation, eggs can be found attached to the mesenteric blood vessels' endothelium and deposited in the liver tissues inducing a granulomatous response (DeFranco *et al.*, 2007). Granulomatous inflammation-induced fibrosis can lead to hepatosplenomegaly, liver portal fibrosis, obstructive vascular lesions, portal hypertension, ascites, and esophagogastric varicose bleeding (Hams *et al.*, 2013).

Post *S. mansoni* infection, innate and acquired immune responses participate in granuloma formation and regulation

(Herbert *et al.*, 2004). Therefore, in the granulomatous environment around the deposited *S. mansoni* eggs, there are several types of immune cells such as eosinophils, macrophages, B cells, T cells, dendritic cells, and fibroblasts (Pagan & Ramakrishnan, 2018).

Praziquantel (PZQ) is the primary anti-schistosomal drug with high efficacy against adult worms and less efficacy against juvenile worms. Despite the therapeutic efficacy of the PZQ to treat schistosomiasis, worms developed resistance against PZQ after repetitive treatment (Doenhoff *et al.*, 2009). Therefore, it is necessary to discover new anti-schistosomal drugs to replace PZQ to overcome its disadvantages (Keiser & Utzinger, 2010). Medicinal plants with anti-schistosomicidal activity are considered a new different approach to schistosomiasis management (De Moraes *et al.*, 2012). For instance, curcumin extracted from *Curcuma longa* has a potent anti-schistosomal activity (Luz *et al.*, 2012). Myrrh extracted from *Commiphora molmol* has a significant effect on the musculature of adult worms (Barakat *et al.*, 2005). Furthermore, finding a vaccine against

schistosomiasis is still under investigation, with no effective vaccine has been discovered yet (El-Ridi et al., 2012; Bergquist & Gray, 2019).

Metformin (Met) is a well-known antidiabetic drug for type 2 diabetes mellitus (T2-DM). Moreover, Met is used to reduce body weight in diabetic patients by inhibiting oxidative phosphorylation in the mitochondria (Wang et al., 2017). Met also protects tissue injury through reducing reactive oxygen species (ROS) cellularity (Esteghamati et al., 2013). In addition, it has been reported that Met could stop tumor cell progression by reducing the glucose level of tumor cells (Chen et al., 2017). It also enhanced the functionality of immune cells and reduced the pro-inflammatory mediators in macrophages (Isoda et al., 2006). Besides, it can decrease fibrosis and collagen synthesis and prevent liver fibrosis and inflammation in CCl₄ induced cirrhotic rats (Xiao et al., 2010; Xu et al., 2016). Met treatment might have a hepatoprotective effect against viral and chemical hepatotoxicant through different mechanisms, including activation of 5' adenosine monophosphate-activated protein kinase (AMPK) and inhibition of mitochondrial NADH dehydrogenase complex I, mitogen-activated protein kinase, and Smads phosphorylation (Iranshahya et al., 2019). Treatment with PZQ as an anti-schistosomal drug led to clearance of *S. mansoni* worms but with underlying fibrotic tissues. This problem led to the suggestion that the addition of anti-fibrotic agents as an adjuvant to anti-schistosomal chemotherapy may help treat *S. mansoni* infection. Therefore, this study aimed to evaluate the anti-schistosomal and anti-fibrotic efficacy of Met either alone or in combination with PZQ treatment.

MATERIALS AND METHODS

Drugs

Metformin (Met) (Glugophage®) and Praziquantel (PZQ) (Biltracid®) were purchased from a local pharmacy, Cairo, Egypt. Met tablet (390µg) was dissolved in 26 ml phosphate-buffered saline (PBS) to reach 150 mg/Kg in 200µL. PZQ tablet (600µg) was dissolved in 12 ml distilled water to reach 500 mg/Kg in 200 µL.

Blood samples collection

By the end of the experiment, blood samples were collected from all experimental groups by eye bleeding in heparinized tubes. Complete blood count (CBC) was carried out using the automated machine (Siemes 1608) based on Wallace Coulter principle (1956) for the analysis of white blood cells (WBCs), red blood cells (RBCs), platelets, and leucocytes differential counts.

Experimental animals

Fifty -male albino CD1 mice (20g ± 2) were purchased from Theodor Bilharz Research Institute (TBRI), Giza, Egypt. Mice were transferred into an animal facility in the Zoology Department, Faculty of Science, Tanta University, and were left for acclimatization for one week before starting experiments. Mice were maintained under controlled temperature, humidity, and 12-h light/dark cycle and had free access to food and water. Animal care and use were approved by the Experimental Animal Ethical Committee of Tanta University on the care and use of laboratory animals.

Schistosoma mansoni parasite

Infected *Biomphalaria alexandrina* snails were obtained from the Schistosome Biological Supply Centre (SBSC) at TBRI, Giza, Egypt. These snails were transferred into the central lab,

Zoology Department, Faculty of Science, Tanta University. *S. mansoni* cercaria was shed from snails under artificial light. Cercarial numbers/ ml were counted using Lugol's iodine and adjusted the number of cercaria 60-80 cercaria/ml.

Experimental plan and treatment protocol

Under the laboratory conditions, the first group (Gp1) was served as the uninfected and untreated group (n=10). Forty male mice were infected with 60-80 *S. mansoni* cercariae by tail immersion technique (Peters and Warren, 1969). After four weeks, *S. mansoni*-infected mice were divided into four groups. Gp2 were served as the infected (positive control). Infected mice of Gp3 were orally administered with PZQ (500 mg/Kg) for two consecutive days. Gp4 was administered with Met (150 mg/Kg) for 15 consecutive days, while Gp5 was administered with PZQ followed by Met (PZQ/Met) as in Gp3 and Gp4.

Worm burden recovery

S. mansoni worms were recovered by portal perfusion according to Smithers and Terry (1965) with 0.9% physiological saline. The worms were washed by saline twice and counted using a dissecting microscope. The percentage (%) of worm reduction was calculated according to Melman et al. (2009) as following; % reduction = $C - T / C \times 100$ (where C mean the number of adult worms in the control group and T, mean the number of adult worms in treated group).

Egg count determination

Small parts of liver and intestine tissues (ileum) of *S. mansoni* infected mice were weighted and squashed between two slides as previously described by Pellergino et al. (1962). The slides were microscopically examined under low magnification. The total egg number per gram of the liver and intestinal tissues was calculated.

Determination of biochemical parameters

Serum alanine and aspartate transaminases (ALT, AST) were determined using a kit (Diamond- Diagnostics, Egypt) according to the method of Reitman and Frankel (1957). Serum alkaline phosphatase (ALP) was estimated by the method of Wolf (1986). BioMed-Diagnostics, EGY-CHEM kits were also used to determine hepatic malondialdehyde (MDA) (Esterbauer & Cheeseman, 1990), superoxide dismutase (SOD) (Nishikimi et al., 1972), and catalase (CAT) (Aebi, 1984). Serum creatinine and urea were determined using the method of Tietz et al. (1994) and Kaplan (1965), respectively.

Histopathology and granuloma measurements

Small pieces of liver tissue of treated groups were fixed with 10% formalin overnight at 4°C. The fixed tissues were further processed histologically through an increasing alcohol series, embedded in paraffin, and then sectioned at 4-µm thickness. The tissue sections were stained with hematoxylin and eosin (H&E) or with Masson's trichrome. The extent of granuloma and hepatic fibrosis was observed by light microscopy (Olympus, Japan). Using an ocular micrometer, lesions containing central egg in H&E stained liver were detected for diameter measurements. Twenty-five lesions per mouse were measured, and the reduction percentage (%R) of granuloma size (GS) were calculated as follows:

$$\%R = \frac{GS \text{ of infected mice} - GS \text{ of treated mice}}{GS \text{ of infected mice}} \times 100$$

Table 1. Male, female and total *S. mansoni* worms count in different mice groups

Groups	Male worms	Female worms	Total worms	% Reduction
Infected mice	15 ± 2.65	16 ± 6.1	31 ± 6	–
Infected/Met	13.3 ± 4.9	12 ± 4.4	25.3 ± 8.5	3.02
Infected/PZQ	3 ± 3.6*	2.6 ± 2.8*	5.6 ± 6.4*	81.9*
Infected/PZQ/Met	2.9 ± 1.02*	2.2 ± 0.6*	5.1 ± 1.3*	83.5*

Statistical analysis

All data are the means of three replicates and expressed as mean ± standard deviation (SD). Normality was tested with the Kolmogorov-Smirnov test. Two-way ANOVA was used to test the effect of metformin on *S. mansoni* burden, liver indices, biochemical parameters, and egg count. Significance was performed using Tukey's posthoc comparisons. *P*-values < 0.05 were considered to be statistically significant.

RESULTS

Treatment of *S. mansoni*-infected mice with Met had no anti-schistosomal effect

As shown in Table 1, the total number of *S. mansoni* male and female worms in infected mice were 15 ± 2.6 and 16 ± 6.1, respectively. The total number of male and female worms in infected mice that were treated with Met did not change significantly when compared to these numbers in infected mice alone. *S. mansoni* infected mice that treated with PZQ, however, showed a significant reduction (*P* ≤ 0.05) in both male and female worms when compared to *S. mansoni* infected mice. The percentage (%) of worm count reduction in the infected mice that treated with Met was 3.02%, while reduction percentage of infected mice that treated with PZQ was 81.9%. Post-treatment with a combination of PZQ/Met, the worm count, was reduced to 83.5% when compared to the infected mice alone.

Met treatment decreased the *S. mansoni* eggs count in liver and intestine tissues

S. mansoni-infected mice treated with Met showed a significant decrease (*P* ≤ 0.05) in the eggs count in both liver and intestine tissues compared to *S. mansoni*-infected mice.

Meanwhile, a highly significant decrease (*P* ≤ 0.05) in eggs count in liver tissue, and no eggs were found in intestinal tissues of infected mice that were treated with PZQ as compared to those of *S. mansoni*-infected mice. Combinatorial treatment with PZQ/Met led to a significant reduction in the total egg counts in the liver and intestine tissues when compared to the infected mice. Compared to the group of the infected mice treated with PZQ alone, treatment with PZQ/Met did not show significant changes in the total egg count in both liver and intestine tissues (Figure 1).

Met treatment reduced the granulomatous reaction

Mice infected with *S. mansoni* have dark spots liver with rigid edges and many nodules scattered on its surface. On the other hand, in Met-treated mice, the liver showed few scattered nodules or granuloma compared to the pale liver that was noticed with the PZQ-treated mice (Figure 2). *S. mansoni*-infected mice treated with Met showed a 27.03% reduction in granuloma diameter. In comparison, 50.46% reduction in PZQ treated mice compared with infected mice. PZQ/Met treatment led to a decrease in the granuloma similar to those in the group of infected mice treated with PZQ alone (Table 2). Histopathological investigations showed that the liver of *S. mansoni*-infected mice has cellular and fibro-

cellular large-sized granuloma, composed of a mixture of mononuclear phagocytes, scattered eosinophils, fibroblasts, and dense collagen fibres surrounded the egg (Figure 3). Treatment with Met decreased the liver granuloma size around the eggs. The cellular granuloma is composed of a mixture of mononuclear phagocytes, many eosinophils, and a small amount of fibroblast. The disappearance of collagen fibres in livers of *S. mansoni* infected mice treated either with Met alone or with PZQ/Met was detected. Inflammation and fibrosis surrounded portal vein with condensed collagen fibres was observed in the liver of *S. mansoni*-infected mice treated with PZQ.

Met treatment ameliorates the hematological changes induced by *S. mansoni* infection

Significant reduction (*P* ≤ 0.05) in the total number of R.B.Cs, Hb, Hct, increase in platelets, and W.B.Cs count was reported in *S. mansoni*-infected mice as compared to the control group (Table 3). Treatment of *S. mansoni*-infected mice with Met, PZQ, or with their combination ameliorates the hematological changes. Infection with *S. mansoni* decreased % lymphocytes significantly (*P* ≤ 0.05) and increased % neutrophils and monocytes insignificantly. At the same time, % of all types

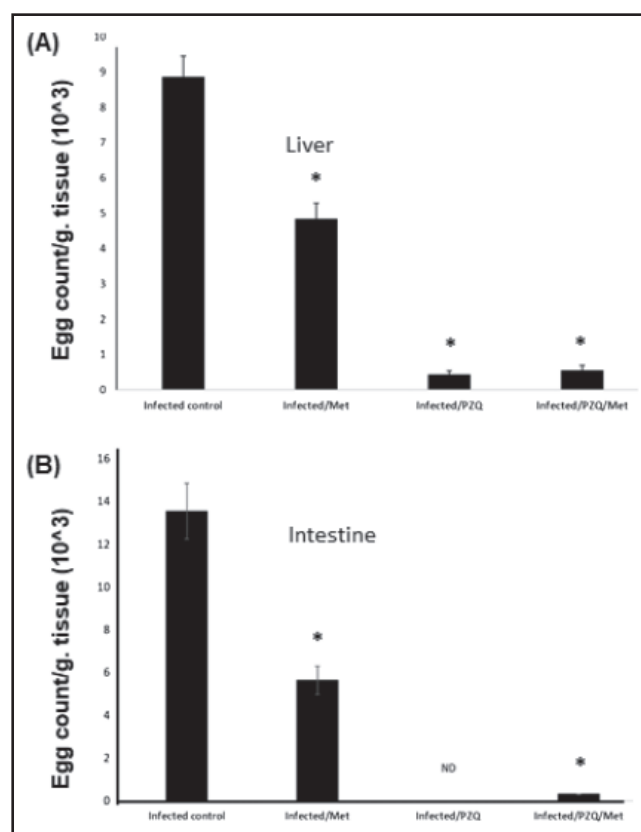


Figure 1. The egg count in infected, infected /Met, infected / PZQ and infected PZQ/Met mice in liver (A) and intestine (B) tissues. * Significant *p*<0.05.

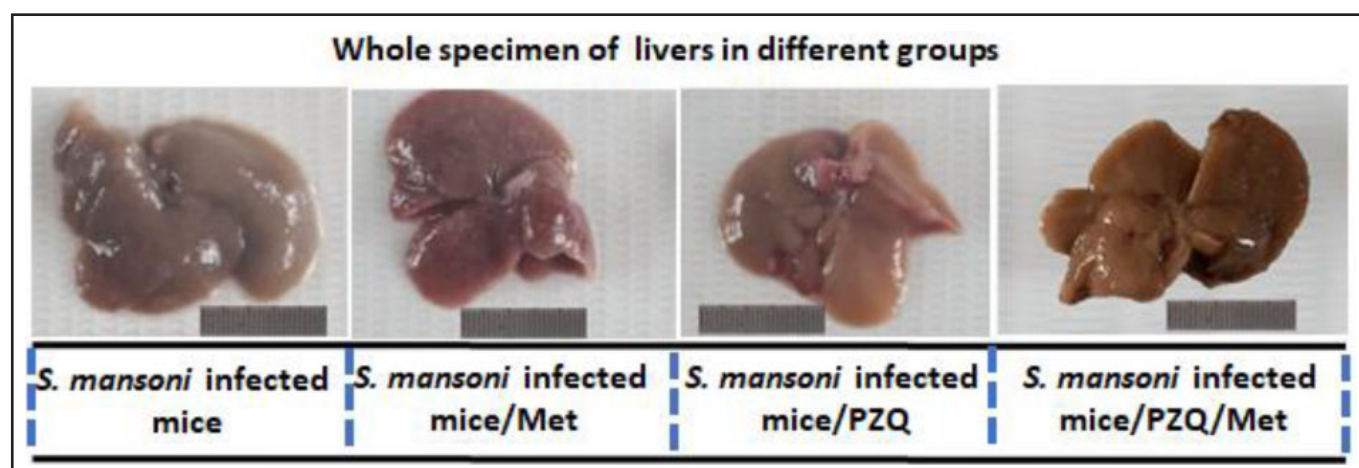


Figure 2. Whole specimen of liver of *S. mansoni* infected mice groups.

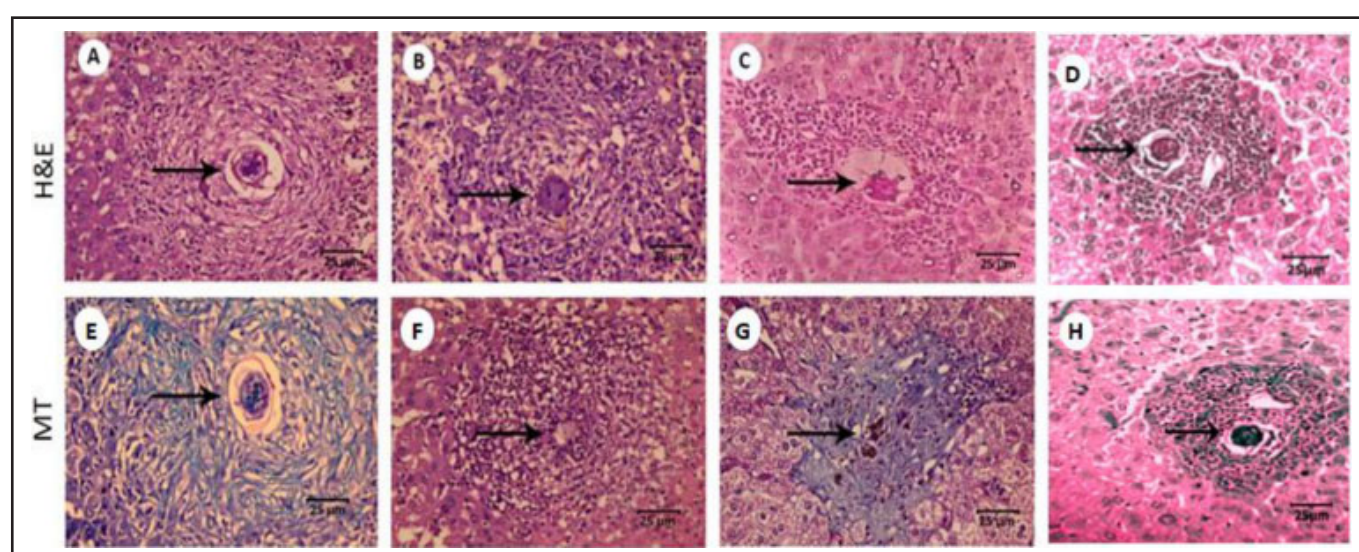


Figure 3: Photomicrograph of *S. mansoni* infected liver stained with Hematoxylin eosin (H&E) and Masson trichrome (MT). A & E: Liver of *S. mansoni* infected mice. B & F: infected mice treated with Met. C & G: infected mice treated with PZQ. D & H: infected mice treated with PZQ/Met. Liver fibrosis surrounded *S. mansoni* egg (black arrow).

of leucocytes restored close to their normal values post-treatment with Met, PZQ, or their combination in *S. mansoni*-infected mice (Figure 4).

S. mansoni infected mice treated with Met showed substantial improvement in the liver and kidney functions

S. mansoni-infection led to a significant increase ($P \leq 0.05$) in liver enzymes; AST, ALT, and ALP represented by 129.95 ± 4.2 , 379 ± 18.9 , and 295.3 ± 8.3 U/L, respectively (Table 4). Compared

Table 2. Granuloma diameter and % reduction in different *S. mansoni*-infected groups

Groups	Granuloma diameter (μm)	% Reduction
Infected mice	182.6 ± 7.65	–
Infected/Met	133.23 ± 5.6	27.03
Infected/PZQ	90.45 ± 4.9	50.46*
Infected/PZQ/Met	94.3 ± 6.1	48.3*

Table 3. Changes in some haematological parameters in *S. mansoni*-infected groups

Groups	R.B.Cs ($\times 10^6/\mu\text{l}$)	Hb (g/dl)	Hct %	Platelets ($10^3/\mu\text{l}$)	Total W.B.Cs ($10^3/\mu\text{l}$)
Negative control	6.1 ± 0.22	12.7 ± 0.25	44.1 ± 5.1	544.7 ± 48.3	6.43 ± 0.4
Infected mice	4.5 ± 0.37	10.1 ± 0.36	32.1 ± 1.3	658.6 ± 117.2	8.3 ± 1.6
Infected/Met	$7.2 \pm 1.1^*$	12.6 ± 0.87	37.1 ± 2.5	548.3 ± 18.4	7 ± 0.6
Infected PZQ	$6.16 \pm 0.87^*$	13.5 ± 0.73	39.7 ± 4.65	$430.7 \pm 89.04^*$	$6.2 \pm 1.27^*$
Infected/PZQ/Met	$6.4 \pm 0.75^*$	$13.7 \pm 0.65^*$	41.1 ± 3.2	$480.4 \pm 52.15^*$	$6.7 \pm 1.1^*$

* Significant $p < 0.05$.

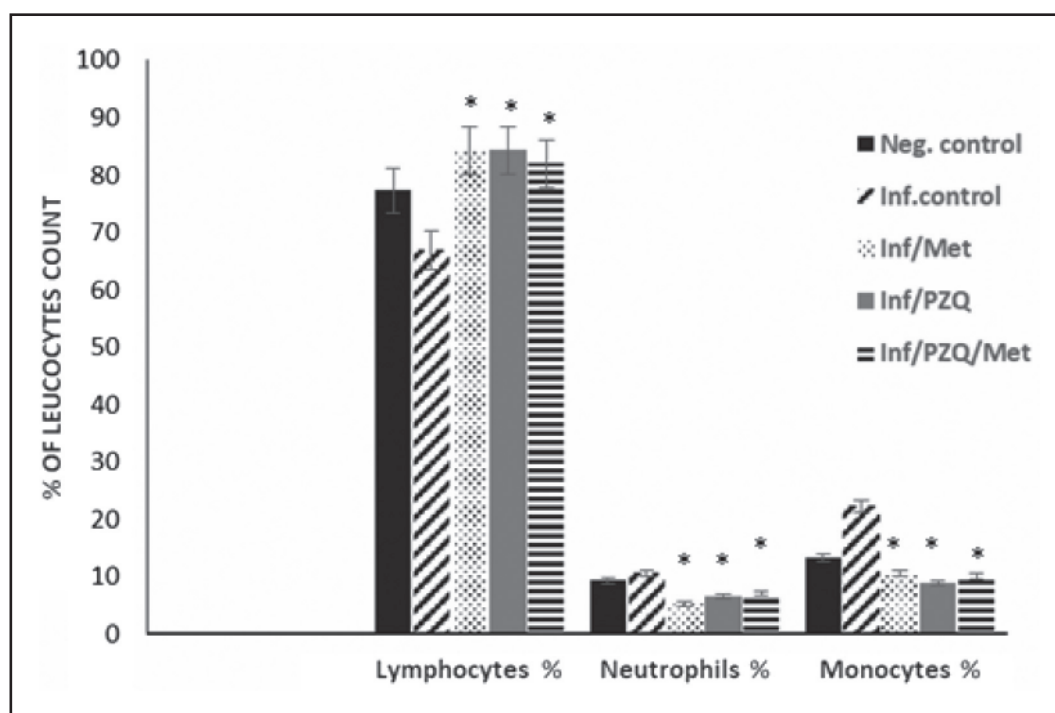


Figure 4. Shows the percentage (%) of the differential leucocytes in control, infected, infected /Met, infected /PZQ mice and infected/PZQ/Met. * Significant $p < 0.05$.

Table 4. Changes in some biochemical parameters in *S. mansoni*-infected groups

Groups	ALT (U/L)	AST (U/L)	ALP (U/L)	Creatinine (mg/dL)	Urea (mg/dL)
Negative control	36.99 ± 2.5 ^d	129.8 ± 1.77 ^c	95.9 ± 3.4 ^d	0.6 ± 0.1 ^c	21.8 ± 1.7 ^b
Infected mice	139.95 ± 4.2 ^a	379.7 ± 8.9 ^a	295.3 ± 8.3 ^a	1.35 ± 0.33 ^a	40 ± 2.9 ^a
Infected/Met	109.5 ± 2.34 ^b	306.4 ± 4 ^a	218.1 ± 8.2 ^b	0.9 ± 0.2 ^b	31.8 ± 2 ^b
Infected/PZQ	91.7 ± 2.96 ^c	289.5 ± 4.1 ^b	202.2 ± 3.61 ^b	0.78 ± 0.41 ^b	28 ± 2.6 ^b
Infected/PZQ/Met	77.67 ± 5.4 ^c	220 ± 7.8 ^b	170 ± 6.6 ^c	0.85 ± 0.25 ^b	27 ± 3 ^b

Means that do not share small letters are significantly different p value < 0.05 .

to *S. mansoni*-infected mice, substantial improvement in the liver function of *S. mansoni*-infected mice was observed post Met treatment. In contrast, a significant decrease in AST, ALT, and ALP was observed in *S. mansoni*-infected mice treated with PZQ or PZQ/Met combinations. A significant increase ($P \leq 0.05$) in serum creatinine and urea concentrations was observed in infected mice. However, Met, PZQ, or their combination treatment decrease creatinine and urea levels significantly ($P \leq 0.05$).

Met, PZQ, and their combination treatments post-*S. mansoni* infection enhanced hepatic antioxidant status

Infection with *S. mansoni* decreased the level of SOD and CAT antioxidant enzymes and increased MDA level when compared to uninfected mice (Figure 5, A-C). Post-treatment, either with Met, PZQ, or their combination, the levels of SOD and CAT were increased. However, the level of MDA was decreased when compared with their levels in *S. mansoni*-infected mice without treatment.

DISCUSSION

Schistosomiasis mansoni infection causes hepatic fibrosis, which is a severe pathological change that promotes loss of

liver function, with an inflammatory response with varying degrees of cirrhosis (Richter et al., 2015). Current chemotherapeutic treatment options for *S. mansoni* are mainly based on praziquantel (PZQ), which has efficacy on adult worms only with limited anti-fibrotic effects (WHO, 2002; Doenhoff et al., 2008). New effective anti-schistosomal drugs are still needed as an alternative to PZQ.

Several drugs, including PZQ, were found to decrease the worm burden and egg count in tissue without diminishing fibrosis (Andrade, 2008). Therefore, the suggestion to add anti-fibrotic agents alone or in combination with the traditional anti-schistosomal drugs as adjuvants to the anti-schistosomal chemotherapy may help treat the infection. The results showed that the PZQ treatment of *S. mansoni*-infected mice led to a significant reduction in the total number of eggs in the liver and intestinal tissues. This finding was consistent with a previous study that showed a dramatic reduction in the viability of eggs in liver tissue after PZQ treatment (Giboda & Smith, 1994).

Metformin (Met) is an antihyperglycemic and anti-proliferative agent that shows a potential activity against some parasites (Chakraborty et al., 2011; Loos et al., 2020).

In the current study, *S. mansoni*-infected mice treated with Met alone for consecutive 15 days did not significantly reduce

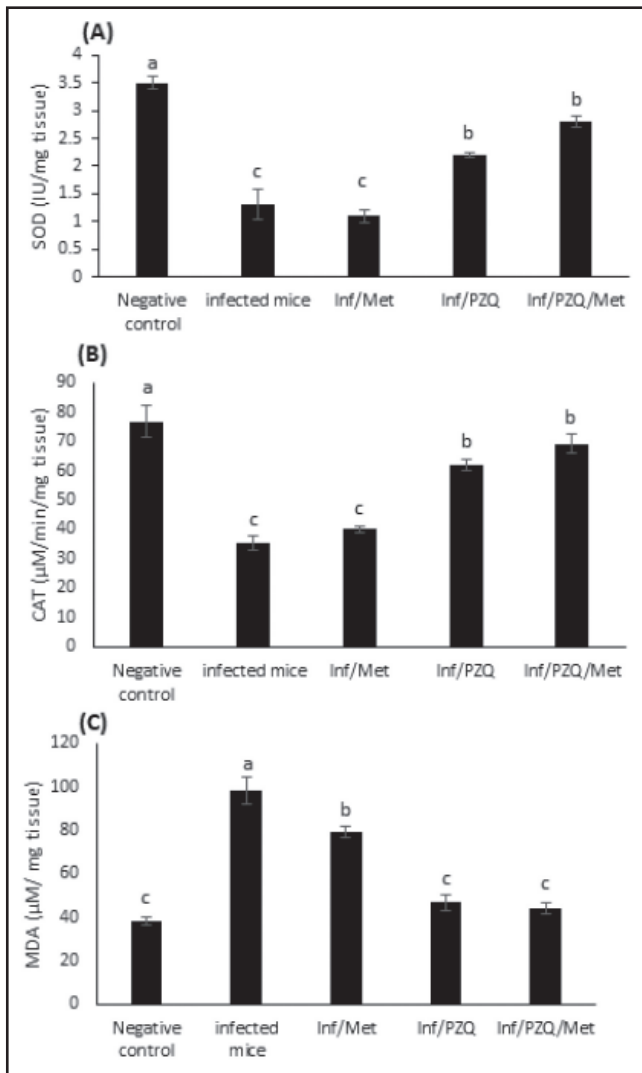


Figure 5 (A-C). Antioxidants/oxidants biomarkers in different groups under study. Superoxide dismutase (SOD) (A), Catalase (CAT) (B) and Malondialdehyde (MDA) (C). Means that do not share small letters are significantly different.

worm count compared to *S. mansoni*-treated mice with PZQ or PZQ/Met combination. However, *S. mansoni*-infected mice that were treated with Met revealed a significant decrease in the egg count in both liver and intestine tissues. This reduction could be due to its effect on the worm fecundity. The highly significant reduction of egg count in the PZQ-treated group could be related to adult worm mortality affected by egg deposition (Olliaro et al., 2015). Interestingly, the group treated with the PZQ/Met combinations had the advantages of both drugs with potent double effects on both adult worms and egg counts. Met and PZQ/Met reduced the granuloma diameter with a 27.03 and 48.3% value, respectively, and minimized the collagen fibers surrounded eggs. Both treatments significantly diminished *S. mansoni* egg-induced liver granuloma and fibrosis and improved hepatic gross morphology. Our findings are consistent with several studies that reported that Met was recognized as an anti-fibrotic and anti-cirrhotic agent (Kim et al., 2015; Choi et al., 2016).

As PZQ has a potent effect on worms and eggs count, no reduction in the collagen fibres accumulation and Met ameliorates fibrosis of the liver. Therefore, PZQ/Met combination has a synergistic effect and has both anti-

schistosomal and anti-fibrotic effects on infected mice. The same effects were obtained when PZQ was combined with artemether, mefloquine, pentostam, as well as the nano-combinations of PZQ-Melfosine (Uttinger et al., 2001; El-Lakany et al., 2011; Khayeka-Wandabwa et al., 2013; Eissa et al., 2020).

The inflammatory activity of Met led to a reduction of the granuloma size in the liver of infected mice that could be due to its capability to inhibit $\text{NF-}\kappa\text{-}\beta$ in the vessel wall and decrease C- reactive protein (Li et al., 2009). In addition, Met blocked the development of $\text{IL-1}\beta$ precursor molecules and enhanced other pro-inflammatory and anti-inflammatory cytokines (Kelly et al., 2015). It has been reported that hepatic stellate cells (HSCs) can secrete type I collagen that plays a vital role in hepatic fibrogenesis. In *S. mansoni* infection, HSCs can form collagen, which helps form fibrosis (Xu et al., 2012). Interestingly, it has been reported that Met played a significant role in adenosine monophosphate kinase (AMPK) activation, which could suppress HSC, with attenuated hepatic fibrosis in the liver of *S. mansoni*-infected mice. Consistent with this hypothesis, a previous study showed that Met ameliorated hepatic fibrosis via AMPK signaling (Caligiuri et al., 2008).

Schistosomiasis reduced the lymphocytes and increased both neutrophils and monocytes percentage. However, in chronic schistosomiasis, a delay of neutrophils maturation in the spleen or bone marrow is a direct cause for neutropenia (Aref et al., 2004). *S. mansoni*-infected mice treated with Met or PZQ/Met showed an improvement in the hematological parameters represented by an increase in the total number of red blood cells, hemoglobin, hematocrit, platelets, and total leucocytes.

Met could prevent anemia which is a crucial feature of schistosomiasis infection; Hb contents could explain this in the Met, and PZQ/Met treated groups. Treatment of *S. mansoni*-infected mice with Met, PZQ, or their combination tended to bring differential leucocytes to normal range. Infection with *S. mansoni* induced hepatocellular toxicity due to hydrolytic enzymes release from parasite or host lysosomes into circulation.

These data are evidenced by the elevation of liver enzymes in infected mice (Hanna et al., 2003). The present results revealed substantial improvement in the function of the liver and a significant decrease of urea and creatinine post-treatment with Met. This finding agrees with other studies that showed improved hepato-renal dysfunctions induced by *S. mansoni* infection after treatment (Metwally et al., 2018; El Refai et al., 2019).

Schistosomiasis is associated with the release of free radicals and the disruption of the cellular antioxidant system. Antioxidant processes are considered to play an essential role in mediating liver injury in schistosomiasis due to the increased production of reactive oxygen intermediates (La Flamme et al., 2001). Catalase (CAT) was a significant determinant of the hepatic antioxidant status by catalyzing the reduction of hydrogen peroxides and shielding tissue from highly reactive OH radicals. The inactivation of superoxide dismutase and enzyme glaciation caused CAT deactivation (Rajasekaran et al., 2005). Treatment of *S. mansoni*-infected mice with Met and PZQ/Met led to enhancement of the antioxidant status as indicated by increased levels of CAT and SOD and decreased MDA significantly. The antioxidant capability of Met could be carried out through different mechanisms such as direct hydroxyl radicals trapping and activating antioxidant enzymes (Dai et al., 2014).

CONCLUSION

The current study demonstrated that treatment of *S. mansoni*-infected mice with the type 2 antidiabetic drug Metformin has no anti-schistosomal activity; however, it had a potent anti-fibrotic effect and a potent capacity to reduce egg counts and granuloma formation. At the same time, the combination of PZQ/ Met has a synergistic effect that can affect worms and egg count, besides having a potent elimination of collagen fibres in granuloma formation.

ACKNOWLEDGMENT

As a result of this, we would like to thank Theodor Bilharz Research Institute (TBRI) for providing us with the mice groups and the infected *Biomphalaria* snails and facilitate their transfer to the Zoology Department, Faculty of Science, Tanta University.

Conflict of interest

The authors declare that there is no conflict of interest.

REFERENCES

- Aebi, H. (1984). Catalase *in vitro*. *Methods of Enzymology* **105**: 121-126 [https://doi.org/10.1016/S0076-6879\(84\)05016-3](https://doi.org/10.1016/S0076-6879(84)05016-3)
- Andrade, Z.A. (2008). Schistosomiasis and hepatic fibrosis regression. *Acta Tropica* **108**: 79-82. <https://doi.org/10.1016/j.actatropica.2008.04.003>
- Aref, S., El Refaei, M.F., Sakrana, M. & El-Nemre, H. (2004). Enhanced neutrophil apoptosis in neutropenic patients with hepatosplenic schistosomiasis: evidence of serum Fas ligand. *Hematology* **9**: 71-78. <https://doi.org/10.1080/10245330310001652482>
- Barakat, R.H., Elmorshedy, A. & Fenwick, E. (2005). Efficacy of myrrh in the treatment of human *Schistosomiasis mansoni*. *American Journal of Tropical Medicine and Hygiene* **73**: 365-367. <https://doi.org/10.4269/ajtmh.2005.73.365>
- Bergquist, R. & Gray, D.J. (2019). Schistosomiasis elimination: Beginning of the end or a continued March on a Trodden path. *Tropical Medicine and Infectious Disease* **4**:1-9. <https://doi.org/10.3390/tropicalmed4020076>
- Brooker, S., Kabatereine, N.B., Gyapong, J.O., Stothard, J.R. & Utzinger, J. (2009). Rapid mapping of schistosomiasis and other neglected tropical diseases in the context of integrated control programmes in Africa. *Parasitology* **136**: 1707-1718. <https://doi.org/10.1017/S0031182009005940>
- Caligiuri, A., Bertolani, C., Guerra, C.T., Aleffi, S., Galastri, S., Trappoliere, M., Vizzutti, F., Gelmini, S., Laffi, G. & Pinzani, M. (2008). Adenosine monophosphate-activated protein kinase modulates the activated phenotype of hepatic stellate cells. *Hepatology* **47**: 668-676. <https://doi.org/10.1002/hep.21995>
- Chakraborty, A., Chowdhury, S. & Bhattacharyya, M. (2011). Effect of metformin on oxidative stress, nitrosative stress and inflammatory biomarkers in type 2 diabetes patients. *Diabetes Research and Clinical Practice Journal* **93**: 56-62. <https://doi.org/10.1016/j.diabres.2010.11.030>
- Chen, K., Qian, W., Jiang, Z., Cheng, J., Li, J., Sun, L., Zhou, C., Gao, L., Lei, M. & Yan, B. (2017). Metformin suppresses cancer initiation and progression in genetic mouse models of pancreatic cancer. *Molecular Cancer* **16**: 131-140. <https://doi.org/10.1186/s12943-017-0701-0>
- Choi, S.M., Jang, A.H., Kim, H., Lee, J. & Kim, Y.W. (2016). Metformin Reduces Bleomycin-induced Pulmonary Fibrosis in Mice. *Journal of Korean Medicine and Science* **31**: 1419-1425. <https://dx.doi.org/10.3346%2Fjkms.2016.31.9.1419>
- Dai, J., Liu, M., Ai, Q., Lin, L., Wu, K., Deng, X., Jing, Y., Jia, M., Wan, J. & Zhang, L. (2014). Involvement of catalase in the protective benefits of metformin in mice with oxidative liver injury. *Chemico Biological Interaction* **5**: 34-42. <https://doi.org/10.1016/j.cbi.2014.03.013>
- DeFranco, A., Locksley, R. & Robertson, M. (2007). Immunity: The Immune Response in Infectious and Inflammatory Disease. Northants, UK: New Sciences Press Ltd., **277**.
- Doenhoff, M.J., Hagan, P., Cioli, D., Southgate, V., Pica-Mattocchia, L., Botros, S., Coles, G., Tchuem Tchuente, L.A., Mbaye, A. & Engels, D. (2009). Praziquantel: its use in control of schistosomiasis in sub-Saharan Africa and current research needs. *Parasitology* **136**: 1825-1835. <https://doi.org/10.1017/S0031182009000493>
- De Moraes, J. (2012). Antischistosomal natural compounds: present challenges for new drug screens. In: Current Topics in Tropical Medicine, Rodriguez-Morales, A. (editor). InTech Open, pp. 333-377.
- Eissa, M.M., El-Azzouni, M.Z., El-Khordagui, L.K., Bary, A.A., Moslemany, R.M. & Abdel Salam, S.A. (2020). Single oral fixed-dose praziquantel-miltefosine nanocombination for effective control of experimental schistosomiasis mansoni. *Parasites & Vectors* **13**: 474. <https://doi.org/10.1186/s13071-020-04346-1>
- El-Lakkany, N.M., Seif el Dein, S.H., Sabra, A.A. & Hammam, O.A. (2011). Pharmacodynamics of mefloquine and praziquantel combination therapy in mice harbouring juvenile and adult *Schistosoma mansoni*. *Memórias do Instituto Oswaldo Cruz* **106**: 814-822. <https://doi.org/10.1590/S0074-02762011000700006>
- Elshazly, A.M., Awad, S.E., Abdel Tawab, A.H., Haridy, F.M. & Morsy, T.A. (2007). Echinococcosis (zoonotic hydatidosis) in street dogs in urban and rural areas, Dakahlia Governorate, Egypt. *Journal of Egyptian Society of Parasitology* **37**: 287-298.
- El-Refai, S.A., Atia, A.F. & Mahmoud, S.F. (2019). Effects of Callistemon citrinus aqueous extract on prepatent and patent infections with *Schistosoma mansoni* in experimentally infected mice. *Journal of helminthology* **93**: 424-433. <https://doi.org/10.1017/S0022149X1800041X>
- El Ridi, R., Tallima, H., Salah, M., Aboueldahab, M., Fahmy, O.M., Al-Halbosiy, M. & Mahmoud, S.S. (2012). Efficacy and mechanism of action of Arachidonic acid in treatment of hamsters infected with *Schistosoma mansoni* or *S. haematobium*. *Internarional Journal of Antimicrobial Agents* **39**: 232-239. <https://doi.org/10.1016/j.ijantimicag.2011.08.019>
- Esteghamati, A., Eskandari, D., Mirmiranpour, H., Noshad, S., Mousavizadeh, M., Hedayati, M. & Nakhjavani, M. (2013). Effects of metformin on markers of oxidative stress and antioxidant reserve in patients with newly diagnosed type 2 diabetes: a randomized clinical trial. *Clinical Nutrition* **32**: 179-185. <https://doi.org/10.1016/j.clnu.2012.08.006>
- Esterbauer, H. & Cheeseman, K.H. (1990). Determination of aldehydic lipid peroxidation products: malondialdehyde and 4-hydroxynonenal. *Methods of Enzymology* **186**: 407-421. [https://doi.org/10.1016/0076-6879\(90\)86134-h](https://doi.org/10.1016/0076-6879(90)86134-h)

- Giboda, M. & Smith, J.M. (1994). *Schistosoma mansoni* eggs as a target for praziquantel: efficacy of oral application in mice. *Journal of Tropical Medicine and Hygiene* **97**: 98-102.
- Hams, E., Aviello, G. & Fallon, P.G. (2013). The schistosoma granuloma: friend or foe? *Front Immunology* **4**: 89-102. <https://doi.org/10.3389/fimmu.2013.00089>
- Hanna, L.S., Medhat, A.M. & Abdel-Menem, H.A. (2003). Biochemical changes after subchronic and chronic interaction of *Schistosoma mansoni* infection in Swiss albino mice with two specific compounds. *Journal of Egyptian Society of Parasitology* **33**: 245-260.
- Herbert, D.R., Holscher, C., Mohrs, M., Arendse, B., Schwegmann, A., Radwanska, M., Leeto, M., Kirsch, R., Hall, P. & Mossmann, H. (2004). Alternative macrophage activation is essential for survival during schistosomiasis and downmodulates T helper 1 responses and immunopathology. *Immunity* **20**: 623-635. [https://doi.org/10.1016/s1074-7613\(04\)00107-4](https://doi.org/10.1016/s1074-7613(04)00107-4)
- Iranshahy, M., Rezaee, R. & Karimi, G. (2019). Hepatoprotective activity of metformin: A new mission for an old drug?. *European Journal of Pharmacology* **850**: 1-7. <https://doi.org/10.1016/j.ejphar.2019.02.004>
- Isoda, K., Young, J.L., Zirlik, A., MacFarlane, L.A., Tsuboi, N., Gerdes, N., Schönbeck, U. & Libby, P. (2006). Metformin inhibits proinflammatory responses and nuclear factor- κ B in human vascular wall cells. *Arteriosclerosis Thrombosis and Vascular Biology* **26**: 611-617. <https://doi.org/10.1161/01.ATV.0000201938.78044.75>
- Kaplan, A. (1965). Urea nitrogen and urinary ammonia. In: Standard Method of Clinical Chemistry, S. Meites (editor). New York: Academic Press Inc., pp. 245-256.
- Kelly, B., Tannahill, G.M., Murphy, M.P. & O'Neill, L.A. (2015). Metformin inhibits the production of reactive oxygen species from NADH: Ubiquinone oxidoreductase to limit induction of interleukin-1 β (IL-1 β) and boosts interleukin-10 (IL-10) in lipopolysaccharide (LPS)-activated macrophages. *Journal of Biological Chemistry* **290**: 20348-20359. <https://doi.org/10.1074/jbc.m115.662114>
- Khayeka-Wandabwa, C., Kutima, H.L., Nyambati, V.C.S., Ingonga, J., Oyoo-Okoth, E., Karani, L.W., Jumba, B., Githuku, K.S. & Anjili, C.O. (2013). Combination therapy using Pentostam and Praziquantel improves lesion healing and parasite resolution in BALB/c mice co-infected with *Leishmania major* and *Schistosoma mansoni*. *Parasites & Vectors* **6**: 244 <https://doi.org/10.1186/1756-3305-6-244>
- Keiser, J. & Utzinger, J. (2010). The drugs we have and the drugs we need against major helminth infections. *Advances in Parasitology* **73**: 197-230. [https://doi.org/10.1016/S0065-308X\(10\)73008-6](https://doi.org/10.1016/S0065-308X(10)73008-6)
- Kim, H., Moon, S.Y., Kim, J.S., Baek, C.H., Kim, M., Min, J.Y. & Lee, S.K. (2015). Activation of AMP-activated protein kinase inhibits ER stress and renal fibrosis. *American Journal of Physiology- Renal Physiology* **308**: 226-236. <https://doi.org/10.1152/ajprenal.00495.2014>
- La Flamme, A.C., Patton, E.A., Bauman, B. & Pearce, E.J. (2001). IL-4 plays a crucial role in regulating oxidative damage in the liver during schistosomiasis. *Journal of Immunology* **166**: 1903-1911. <https://doi.org/10.4049/jimmunol.166.3.1903>
- Li, S.N., Wang, X., Zeng, Q.T., Feng, Y.B., Cheng, X., Mao, X.B., Wang, T.H. & Deng, H.P. (2009). Metformin inhibits nuclear factor kappaB activation and decreases serum high-sensitivity C-reactive protein level in experimental atherosclerosis of rabbits. *Heart Vessels* **24**: 446-453. <https://doi.org/10.1007/s00380-008-1137-7>
- Loos, J.A., Dávila, V.A., Brehm, K., Andrea, C. & Cumino, P. (2020). Metformin suppresses development of the *Echinococcus multilocularis* larval stage by targeting the TOR pathway. *Antimicrobial Agents and Chemotherapy* **64**: e01808-19. <https://doi.org/10.1128/AAC.01808-19>
- Luz, P.P., Magalhães, L.G., Pereira, A.C., Cunha, W.R., Rodrigues, V. & Andrade Silva, M.L. (2012). Curcumin-loaded into PLGA nanoparticles: preparation and *in vitro* schistosomicidal activity *Parasitology Research* **110**: 593-598. <https://doi.org/10.1007/s00436-011-2527-9>
- Melman, S.D., Steinauer, M.L., Cunningham, C., Kubatko, L.S., Mwangi, I.N., Wynn, N.B., Mutuku, M.W., Karanja, D.M.S., Colley, D.G. & Black, C.L. (2009). Reduced susceptibility to praziquantel among naturally occurring Kenyan isolates of *Schistosoma mansoni*. *PLoS Neglected Tropical Disease* **3**: e504. <https://doi.org/10.1371/journal.pntd.0000504>
- Metwally, D., Al-Olayan, E.M., Alanazi, M., Alzahrany, S.B. & Semlali, A. (2018). Antischistosomal and anti-inflammatory activity of garlic and allicin compared with that of praziquantel *in vivo*. *BMC Complementary and Alternative Medicine* **18**: 135-155. <https://doi.org/10.1186/s12906-018-2191-z>
- Mwinzi, P.N.M., Montgomery, S.P., Owaga, C.O., Mwanje, M., Muok, E.M., Ayisi, J.G., Laserson, K.F., Muchiri, E.M., Secor, W.E. & Karanja, D.M.S. (2012). Integrated community-directed intervention for schistosomiasis and soil transmitted helminthes in western Kenya – a pilot study. *Parasites & Vectors* **5**: 182-201. <https://doi.org/10.1186/1756-3305-5-182>
- Nishikimi, M., Roa, N.A. & Yogi, K. (1972). The occurrence of superoxide anion in the reaction of reduced phenazine methosulfate and molecular oxygen. *Biochemical and Biophysical Research Communications* **46**: 849-854. [https://doi.org/10.1016/S0006-291X\(72\)80218-3](https://doi.org/10.1016/S0006-291X(72)80218-3)
- Olliaro, P.L., Vaillant, M., Diawara, A., Coulibaly, J.T., Garba, A., Keiser, J., King, C.H., Knopp, S., Landoure, A. & N'Goran, E.K. (2015). Toward measuring *Schistosoma* response to praziquantel treatment with appropriate descriptors of egg excretion. *PLoS Neglected Tropical Disease* **9**: e0003821. <https://doi.org/10.1371/journal.pntd.0003821>
- Pagan, A.J. & Ramakrishnan, L. (2018). The Formation and Function of Granulomas. *Annuals Review of Immunology* **36**: 639-665. <https://doi.org/10.1146/annurev-immunol-032712-100022>
- Peters, P.A. & Warren, K.S. (1969). A rapid method of infecting mice and other laboratory animals with *Schistosoma mansoni*: subcutaneous injection. *Journal of Parasitology* **55**: 558-577. <https://doi.org/10.2307/3277297>
- Pellegrino, J., Lima-Costa, F., Carlos, M. & Me, R. (1962). Experimental chemotherapy of schistosomiasis mansoni reactivity of praziquantel, an isoquinolinepyrazino derivative in hamsters and Cebus monkeys. *Zeitschrift fur Parasitenkunde* **52**: 151-160. <https://doi.org/10.1007/bf00389900>
- Portela, J., Boissier, J., Gourbal, B., Pradines, V., Collie're, V., Cosle'dan, F., Meunier, B. & Robert, A. (2012). Antischistosomal activity of trioxaquines: *in vivo* efficacy and mechanism of action on *Schistosoma mansoni*. *PLoS Neglected Tropical Disease* **6**: e0001474. <https://dx.doi.org/10.1371/journal.pntd.0001474>
- Rajasekaran, S., Sivagnanam, K. & Subramanian, S. (2005). Antioxidant effect of Aloe vera gel extract in streptozotocin-induced diabetes in rats. *Pharmacological Reports* **57**: 90-96.

- Reitman, S. & Frankel, S. (1957). A colorimetric method for the determination of serum glutamic oxaloacetic and glutamic pyruvic transaminases. *American journal of clinical pathology* **28**: 56-63. <https://doi.org/10.1093/ajcp/28.1.56>
- Richter, J., Bode, J.G., Blondin, D., Kircheis, G., Kubitz, R., Holtfreter, MC., Müller-Stöver, I., Breuer, M., Hüttig, F. & Antoch, G. (2015). Severe liver fibrosis caused by *Schistosoma mansoni*: management and treatment with a transjugular intrahepatic portosystemic shunt. *Lancet Infectious Diseases* **6**: 731-737. [https://doi.org/10.1016/S1473-3099\(15\)70009-5](https://doi.org/10.1016/S1473-3099(15)70009-5)
- Tietz, N.W., Prude, E.L. & Sirgard Anderson, O. (1994) In: Tietz textbook of Clinical Chemistry. Burtis, C.A. & Ashwood, E.R. (editors), 3rd edition. London: WB Saunders Company, pp. 1354-1374.
- Utzinger, J., Chollet, J., Jiqing, Y., Jinyan, M., Tanner, M. & Shuhua, X. (2001). Effect of combined treatment with praziquantel and artemether on *Schistosoma japonicum* and *Schistosoma mansoni* in experimentally infected animals. *Acta Tropica* **80**: 29-18. [https://doi.org/10.1016/S0001-706X\(01\)00138-3](https://doi.org/10.1016/S0001-706X(01)00138-3)
- Wang, J., Zhu, L., Hu, K., Tang, Y., Zeng, X., Liu, J. & Xu, J. (2017). Effects of metformin treatment on serum levels of C-reactive protein and interleukin-6 in women with polycystic ovary syndrome: a meta-analysis: A PRISMA-compliant article. *Medicine* **96**: e8183. <https://doi.org/10.1097/MD.00000000000008183>
- WHO World Health Organization (2002). Prevention and control of schistosomiasis and soil-transmitted helminthiasis. *World Health Organ Technical Report Series* **912**: 1-57. <https://apps.who.int/iris/handle/10665/42588>
- Wolf, P.L. (1986). Clinical significance of increased or decreased serum alkaline phosphatase isoenzymes. *Clinics in Laboratory Medicine* **6**: 525-532. [https://doi.org/10.1016/S0272-2712\(18\)30797-2](https://doi.org/10.1016/S0272-2712(18)30797-2)
- Xu, R., Zhang, Z. & Wang, F.S. (2012). Liver fibrosis: mechanisms of immune mediated liver injury. *Cellular and Molecular Immunology* **9**: 296-301. <https://doi.org/10.1038/cmi.2011.53>
- Xu, H., Zhou, Y., Liu, Y., Ping, J., Shou, Q., Chen, F. & Ruo, R. (2016). Metformin improves hepatic IRS2/PI3K/Akt signaling in insulin-resistant rats of NASH and cirrhosis. *Journal of Endocrinology* **229**: 133-144. <https://doi.org/10.1530/joe-15-0409>