

### **RESEARCH ARTICLE**

# *Blastocystis* subtypes in ruminant livestock from Perak and assessment of zoonotic transmission risks from livestock in Peninsular Malaysia

Rauff-Adedotun, A.A.<sup>1</sup>, Lee, I.L.<sup>2</sup>, Bathmanaban, P.<sup>3</sup>, Yahaya, Z.S.<sup>4</sup>, Farah Haziqah, M.T.<sup>4\*</sup>

<sup>1</sup>Department of Public Health, North-Eastern University, PMB 0198, Gombe, Gombe State, Nigeria <sup>2</sup>Kulliyyah of Medicine & Health Sciences, Universiti Islam Antarabangsa Sultan Abdul Halim Mu'adzam Shah, 09300 Kuala Ketil, Malaysia <sup>3</sup>Veterinary Research Institute, 59, Jalan Sultan Azlan Shah, 31400 Ipoh, Perak, Malaysia <sup>4</sup>School of Biological Sciences, Universiti Sains Malaysia, 11800 USM Penang, Malaysia

\*Corresponding author: farahhaziqah@usm.my

#### **ARTICLE HISTORY**

#### ABSTRACT

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*Blastocystis* is a ubiquitous intestinal protist of humans and animals. It is a genetically diverse organism whose part in the health and disease is still uncertain. This study provides information on *Blastocystis* STs in cattle, goats, and sheep in Perak, Malaysia, and the likely role of livestock animals in *Blastocystis* transmission to humans in Malaysia. Faecal samples from a total of 151 livestock animals consisting of cattle, goats, and sheep from Perak were examined by PCR analysis of the barcode region. *Blastocystis* ST10, ST14, and ST21 were identified in this study, and ST10 was common to all three ruminant livestock animals groups involved. Findings from previously published studies on *Blastocystis* in ruminant and non-ruminant livestock animals in Malaysia support indications that livestock animals may serve as reservoirs of human infections, being as one or more of the following *Blastocystis* subtypes: ST1, ST2, ST3, ST4, ST5, and ST6, have been isolated from both humans and livestock animals within similar regions of the country. Animal handlers are, therefore, advised to exercise proper hygiene to prevent possible transmission of *Blastocystis* from their animals, while further studies on the genetic variants of *Blastocystis*.

Keywords: Cattle; goat; Malaysia; sheep; transmission.

#### INTRODUCTION

Blastocystis is a single-celled Stramenopile inhabiting the intestinal tract of humans and a wide range of animal species (Hublin et al. 2021; Popruk et al. 2021; Barati et al. 2022; Sanggari et al. 2022). It is a ubiquitous protist whose transmission is believed to be mainly by the oral-faecal route, either by direct contact with an infected host or indirectly by ingesting faecal-contaminated food or water (Attah et al., 2023; Maloney et al., 2023). The role of Blastocystis in its host gut is still widely debated because of its association with gastrointestinal disorders as well as healthy gut microbiota (Stensvold et al., 2020; Higuera et al., 2023). Blastocystis exhibits extensive genetic diversity and, at least, 42 genetic variants (subtypes) of the small subunit ribosomal RNA (SSU rRNA) gene have been identified in mammals and birds (Maloney et al., 2023; Satin et al., 2024). Although some Blastocystis subtypes (STs) are adapted to humans or specific animal species, some STs have been isolated from both humans and animals, thereby, suggesting the possibility of zoonotic transmission of the protist (Ramírez et al., 2016; Asghari et al., 2021).

The colonization of livestock animals with *Blastocystis* has been detected universally regardless of age, breed, location or breeding system (Hublin *et al.*, 2021; Shams *et al.*, 2021; Salehi *et al.*, 2022). Livestock animals are important for nutritional and economic

purposes and are in constant contact with humans such as farmers and processors. In Malaysia, only a few studies have described Blastocystis in ruminant livestock animals (Tan et al., 2013; Noradilah et al., 2017a; Mohammad et al., 2018a, 2018c; Kamaruddin et al., 2020; Rauff-Adedotun et al., 2023), and there has not been any report on Blastocystis subtype identification in livestock animals in Perak state. Besides, there is limited data on Blastocystis and its subtypes in goats and sheep generally. Information on Blastocystis STs in diverse hosts provides a baseline for understanding the distribution and transmission of the gastrointestinal symbiont. Investigation of shared Blastocystis variants between humans and other animal species will improve the knowledge of the possible role of such animal species as reservoirs in the transmission of Blastocystis to humans. Thus, this study aims to describe the subtypes of Blastocystis sp. in cattle, goats, and sheep from the Perak state of Malaysia and to examine the possible role of livestock animals in the zoonotic transmission of Blastocystis in Malaysia.

#### MATERIALS AND METHODS

#### **Ethical approval**

Ethical approval for animal use and permission for sampling activities were granted by the Universiti Sains Malaysia Institutional Animal

Care and Use Committee (USM IACUC) and the Department of Veterinary Services (DVS), Ministry of Agriculture and Agro-based Industry Malaysia.

#### Sample collection

A total of 151 randomly selected faecal samples from cattle, goats, and sheep that were deposited at the Veterinary Research Institute (VRI) in Perak from different parts of the state (Figure 1) were examined in this study. The faecal samples were collected directly from the rectum of the ruminant livestock animals or carefully from the ground after being freshly voided. Samples from each animal were transferred into a labelled stool container and stored at -20°C until molecular analysis.

#### DNA extraction and DNA barcoding

DNA was extracted from the faecal samples using the Nucleospin DNA Stool Kit (Macherey-Nagel, Germany) following the manufacturer's protocol. Approximately 60-80 mg of each faecal sample was used, with DNA eluted in 30  $\mu$ L of elution buffer and stored at -20°C until PCR analysis. The extracted DNA underwent DNA barcoding through polymerase chain reaction (PCR) amplification of the barcode region of the small subunit ribosomal RNA (SSU rRNA) gene of *Blastocystis*, using the primers, PCR conditions and gel electrophoresis were performed as previously described by Rauff-Adedotun *et al.* (2023).

#### Subtyping and phylogenetic analysis

For *Blastocystis* subtype and allele determination, the obtained SSU rDNA sequences were compared with GenBank sequences using the Basic Local Alignment Search Tool (BLAST) (https://blast.ncbi.nlm. nih.gov/BLAST/) and the *Blastocystis* (18S) and Sequence Typing (MLST) databases (https://pubmlst.org/Blastocystis/) hosted at the University of Oxford (Jolley *et al.*, 2018). Phylogenetic analysis was conducted using Mega 11 software (http://www.megasoftware. net/) (Tamura *et al.*, 2021). The nucleotide sequences obtained in this study, along with full-length reference nucleotide sequences for accepted *Blastocystis* sp. subtypes from the reference database

(http://entamoeba.lshtm.ac.uk/blastorefseqs.htm) and GenBank were aligned with the complete SSU rRNA gene sequence of *Proteromonas lacerate* (U37108) as the outgroup. Multiple sequence alignment was performed using the Muscle algorithm, and the alignment was trimmed. Phylogenetic trees were reconstructed using the Neighbour-Joining (NJ) and Maximum-Likelihood (ML) methods, with bootstrap analysis (1000 replicates) to assess the reliability of the trees. Newly generated nucleotide sequences of the barcoding region of *Blastocystis* sp. SSU rRNA gene obtained in this survey were deposited in GenBank under the accession numbers ON738373, ON738383, ON738384, ON738405 - ON738408, and ON738419 - ON738422.

#### **Database search**

Previous studies reporting *Blastocystis* STs in humans and various livestock animals (both ruminant and non-ruminant) were retrieved from Google Scholar, PubMed, and ScienceDirect. The keywords used included: *Blastocystis*, STs, subtypes, molecular characterization, genetic diversity, poultry, ruminant, livestock, humans, and Malaysia. After removing duplicate articles, a total of 16 articles were obtained, covering Pahang, Penang, Johor, Kedah, Kuala Lumpur, Negeri Sembilan, and Selangor. Information such as the study location, host species, and identified subtypes were extracted from these articles.

Zoonotic risk from livestock animals in Malaysia was assessed by comparing *Blastocystis* subtypes reported in humans with those reported in livestock animals from previous studies.

#### RESULTS

#### Blastocystis subtypes and alleles

Of the 151 faecal samples screened by PCR amplification of the barcode region of the SSU rRNA gene, 11 isolates were confirmed to be *Blastocystis* positive based on NCBI BLAST results for the obtained nucleotide sequences.



Figure 1. Map of Perak showing sampling locations.

Based on the NCBI nucleotide BLAST results, *Blastocystis* subtypes identified from the three ruminant livestock animal groups involved in this study were ST10 (72.7%; 8/11), ST14 (9.1%, 1/11), and ST21 (18.2%; 2/11). *Blastocystis* ST10 (33.3%; 1/3) and ST21 (66.7%; 2/3) were identified in cattle, and ST10 (75%; 3/4) and ST14 (25%; 1/4) were detected in sheep, while ST10 (100%; 4/4) was observed in goats (Table 1). ST10 was identified in all three ruminant livestock animal groups involved in this study, and was the only subtype observed in goats. *Blastocystis* ST14 was isolated from sheep only, while ST21 was identified in cattle alone. Overall, *Blastocystis* ST10 was predominant in the livestock animals sampled in Perak.

 $\label{eq:table_table_table} \begin{array}{l} \textbf{Table 1. Subtype distribution of } Blastocystis \text{ sp. in livestock animals from } \\ \textbf{Perak, Malaysia} \end{array}$ 

Uset	Blastocystis subtype		
Host	ST14	ST10	ST21
Cattle (Bos taurus)	_	1	2
Goat (Capra hircus)	-	4	-
Sheep (Ovis aries)	1	3	-
Total	1	8	2

*Blastocystis* 18S allele calling for all 11 isolates identified as *Blastocystis* by NCBI nucleotide BLAST was carried out using the *Blastocystis* 18S online database. An exact match was obtained for ST10 isolate from cattle only, which was identified as allele 43 (Figure 2).

#### **Phylogenetic analysis**

In the NJ and ML trees constructed (Figures 3 and 4, respectively), the isolates from this study belonging to the same subtype clustered together and with previously recognized subtypes. However, both NJ and ML trees showed that only the ST14 isolate from this study formed a clade with an ST24 reference sequence, with all ST14, ST24, and ST25 sequences nested together. Similarly, the ST23 reference sequence nested with the ST10 sequences.

## Previous studies on *Blastocystis* in humans and livestock animals in Malaysia and evaluation of zoonotic risk

From a literature search, articles were found documenting the STs of *Blastocystis* in humans and one or more livestock animal groups from Perak, Pahang, and Selangor (Kuala Lumpur included). However, reports on *Blastocystis* STs of humans alone (none on any livestock animal) were obtained from Johor and Kedah; while reports from Penang were from livestock animals only (none on humans).

Livestock animals studied included cattle, goat, sheep, deer, quail, chicken, ostrich, turkey, swan, and duck; and the following subtypes were identified: ST1, ST2, ST3, ST4, ST5, ST6, ST7, ST8, ST10, ST13, ST14, ST15, and ST25. In humans, ST1 - ST6 were the subtypes identified to date. Figure 5 illustrates the *Blastocystis* STs recognized in humans and each livestock animal group from Malaysia, highlighting the shared, therefore, potentially zoonotic subtypes.

In Pahang, *Blastocystis* ST1 - ST5 have been identified in humans; interestingly, ST1, ST3, ST4 and ST5 were reported in cattle, ST4 in goats, while ST1, ST2, ST3, ST6, ST7 and ST9 were detected in several poultry birds in this same state of Malaysia. In Selangor (and Kuala Lumpur), however, there were reports of ST1 - ST6 isolation from human hosts; while ST1, ST3, and ST6 were reported in goats. There was the detection of *Blastocystis* ST1 - ST5 in humans in Perak



Figure 2. Frequency of *Blastocystis* 18S alleles detected in livestock animals in Perak, Malaysia.



Figure 3. Neighbour-Joining analysis of sequences from this study and reference sequences. The triangle, square, and diamond icons represent sequences from cattle, sheep, and goats from this study, respectively.



Figure 4. Maximum-Likelihood analysis of sequences from this study and reference sequences. The triangle, square, and diamond icons represent sequences from cattle, sheep, and goats from this study respectively.



Figure 5. Blastocystis sp. subtypes isolated from humans and livestock animals in Malaysia.

Subtypes in red text have been detected in both humans and animals in Malaysia.<sup>1</sup>Chandrasekaran *et al.* (2014), <sup>2</sup>Farah Haziqah *et al.* (2018), <sup>3</sup>Kamaruddin *et al.* (2020), <sup>4</sup>Mohammad *et al.* (2018a), <sup>5</sup>Mohammad *et al.* (2018c), <sup>6</sup>Noradilah *et al.* (2017a), <sup>7</sup>Siti Alawiyah *et al.* (2021), <sup>8</sup>Tan *et al.* (2013), <sup>9</sup>Nithyamathi *et al.* (2016), <sup>10</sup>Sahimin *et al.* (2020), <sup>11</sup>Noradilah *et al.* (2017b), <sup>12</sup>Mohammad *et al.* (2018b), <sup>13</sup>Angal *et al.* (2015), <sup>14</sup>Thergarajan *et al.* (2019), <sup>15</sup>Rauff-Adedotun *et al.* (2022), <sup>16</sup>Rauff-Adedotun *et al.* (2023), <sup>17</sup>Present study.

from earlier studies, while Farah Haziqah *et al.* (2018) reported the presence of *Blastocystis* ST1 in chicken from Perak. The distribution of *Blastocystis* subtype in humans and livestock according to the states of Peninsular Malaysia are shown in Table 2.

#### DISCUSSION

Molecular characterization of *Blastocystis* sp. in ruminant livestock animals from Malaysia is sparse. This study represents the first description of *Blastocystis* subtypes in ruminant livestock animals (cattle, goat, sheep) from the Perak state of Malaysia. Altogether, only three *Blastocystis* subtypes, namely ST10, ST14 and ST21, were identified in ruminant livestock animals involved in the present study. ST10 was the dominant subtype and was observed in all three ruminant livestock animal groups, however, ST14 was observed only in sheep while ST21 was identified in cattle alone. *Blastocystis* ST10 is seen to be the most widespread subtype in ruminant livestock animals in Malaysia followed by ST14. Thus, the detection of ST10 and ST14 in this study and others from Malaysia and different parts of the world corroborates the description of hoofed animals as natural hosts to these subtypes (Masuda *et al.*, 2018; Udonsom *et al.*, 2018; Wang *et al.*, 2018; Suwanti *et al.*, 2020; Hublin *et al.*, 2021). Although the identification of ST21 in cattle in this study is the first report of the subtype in livestock in Malaysia, *Blastocystis* ST21 has been reported in cattle from Spain (Abarca *et al.*, 2021), in cattle, sheep, goats and llama from Colombia (Higuera *et al.*, 2021), camels from China (Yang *et al.*, 2021), white-tailed deer from the USA (Maloney *et al.*, 2021) and in sheep and goats from China (Zhang *et al.*, 2023).

Worldwide, a broad range of *Blastocystis* subtypes have been document in cattle (ST1-ST7, ST10, ST12, ST14, ST17, ST21, and ST23-ST26), goats (ST1, ST3-ST7, ST10, ST12, ST13, ST14, and ST21), and sheep (ST1, ST3, ST4, ST5, ST10, ST14, ST15, and ST21) (Higuera *et* 

(C	100H								Subtypes	identified							
Location/ state	1001	ST1	ST2	ST3	ST4	ST5	ST6	ST7	ST8	ST9	ST10	ST13	ST14	ST15	ST21	ST25	Veletence
Selangor	Human	>	>	>	>	~	>	ı	, ,	,	ı	1	I	ı	ı	1	Angal <i>et al.</i> (2015), Nithyamathi <i>et al.</i> (2016), Thergarajan <i>et al.</i> (2019), Sahimin <i>et al.</i> (2020)
I	Livestock	>		~			>	>									Tan <i>et al.</i> (2013)
Perak, Selangor	Livestock	>	· ·	1	1	, .	>	~	>	1	1	,		,	,	,	Farah Haziqah <i>et al.</i> (2018)
1000	Human	>	7	~	~	7	ı	1	,	ı	ı	ı	ı	ı	ı	ı	Nithyamathi <i>et al.</i> (2016)
rerak	Livestock	1	1	1	1	,	1	1	,	ı	>	ı	>	ı	>	ı	Present study
	Human	NA	NA	NA	NA	NA	NA	NA	AN	NA	NA	AN	NA	AN	NA	NA	NA
Penang	Livestock	1	ı	1	>	>	>	>	1	,	>	>	>	>	ı	>	Siti Alawiyah <i>et al.</i> (2021), Rauff- Adedotun <i>et al.</i> (2022), Rauff- Adedotun <i>et al.</i> (2023)
Pahane	Human	7	>	>	>	>	,	1	1	,	1	ı.	ı	1	ı	1	Nithyamathi <i>et al.</i> (2016), Noradilah <i>et al.</i> (2017b), Mohammad <i>et al.</i> (2018a), Mohammad <i>et al.</i> (2018b)
0	Livestock	>	>	>	>	>	>	>	>	>	>	ï	>	ï	ı	ï	Noradilah <i>et al.</i> (2017a), Mohammad <i>et al.</i> (2018a), Mohammad <i>et al.</i> (2018c), Kamaruddin <i>et al.</i> (2020)
 	Human	>	,	>	>	, ,	,	,	'	,	ı		ı	,	1		Nithyamathi <i>et al.</i> (2016)
Negan —	Livestock	NA	NA	ΝA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
- - -	Human	7	, ,	~	~	,	,	,	,	,	I	ı	ı	ı	ı		Nithyamathi <i>et al.</i> (2016)
	Livestock	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Unknown	Poultry	ı	ı	I	ı	ı	>	ı	ı	I	I	ı	I	ı	ı	ı	Chandrasekaran <i>et al.</i> (2014)

NA – Not Available. Subtypes with red ticks are those identified in both humans and livestock animals in the different states of Malaysia.

#### Rauff-Adedotun et al. (2025), Tropical Biomedicine 42(2): 146-154

Table 2. Blastocystis subtype diversity in humans and livestock in the states of Peninsular Malaysia

*al.*, 2021; Hublin *et al.*, 2021; Shams *et al.*, 2022; Rauff-Adedotun *et al.*, 2023; Zhang *et al.*, 2023). A limited variety of STs was identified in the present study, and this could be because of the samples were subjected directly to DNA barcoding. DNA barcoding primers may amplify fungal DNA, especially in non-human faecal samples (Stensvold & Clark, 2016).

Intra-subtype variation within *Blastocystis* ST10 was revealed by *Blastocystis* (18S) and sequence typing (MLST) databases (https://pubmlst.org/*Blastocystis*/). Although the other ST10 isolates were of unknown allele(s), allele 43 was detected in cattle in this study as was previously described in cattle from Iran (Salehi *et al.*, 2022).

The phylogenetic trees supported subtypes allocated to the isolates obtained in this study. The nesting of ST24 and ST25 with ST14, and the nesting of ST23 with ST10 observed in the trees were previously explained. Maloney and Santin (2021) observed a 99% sequence similarity between pairs ST24/ST25, ST14/ST24, ST14/ST25, and ST10/ST23 within the barcoding region, while these pairs were all found to share 98% of sequence identity across the full-length SSU rRNA gene.

From previous studies carried out in Malaysia, the six *Blastocystis* subtypes (ST1-ST6) identified, so far, in humans have been detected in several livestock animals in the country as well. *Blastocystis* subtypes common to humans and livestock were observed in Pahang (ST1, ST2, ST3, ST4, and ST5), Selangor (ST1, ST3, and ST6) and Perak (ST1) indicating the possibility of transmission between these two host groups in these states. Interestingly, Noradilah *et al.* (2017a) isolated *Blastocystis* ST9, a typical *Blastocystis* subtype of human, in chicken in Pahang. Nonetheless, there has not been any report on the identification of this subtype in humans in Pahang or in Malaysia till date.

*Blastocystis* ST10 and ST14, considered to be of bovid origin (Naguib *et al.*, 2024), were identified in our study, and also observed, from other studies, as the dominant and widespread subtypes among ruminant livestock animals in Malaysia. These subtypes have been discovered in humans, albeit sparsely (Khaled *et al.*, 2020, 2021). Despite that the hosts of ST10 and ST14 reported by Khaled *et al.* (2020) and Khaled *et al.* (2021) were neither farmers nor in frequent contact with ruminant livestock animals, these subtypes could still be potentially zoonotic. While there are yet to be studies on *Blastocystis* infections in humans from Penang, *Blastocystis* ST1, ST3, and ST4 have been documented in human hosts from Johor and Kedah (Nithyamathi *et al.*, 2016) with no record obtainable on *Blastocystis* in livestock animals from these states.

Overall, available data of *Blastocystis* subtypes in human and livestock animal hosts from Peninsular Malaysia have indicated the likelihood of animal-to-human and human-to-animal transmission of *Blastocystis* to occur, and the need for farm owners and animal handlers to ensure good hygiene practices to prevent possible zoonotic transmission of *Blastocystis*.

#### CONCLUSION

The importance of molecular characterization of *Blastocystis* isolates cannot be over-emphasized. Such research provides information on the genetic variants of *Blastocystis*. On the contrary, genetic analyses of *Blastocystis* in humans and potential reservoir hosts such as livestock are insufficient in Malaysia. Further studies on *Blastocystis* and its subtypes in humans and their in-contact animals in different locations are, therefore, required.

#### Limitation of research

Due to the use of the Barcoding-PCR method for detection of *Blastocystis* in this study, the actual prevalence of *Blastocystis* in the study animals could not be determined. The reason for this limitation is the possibility of false negative result obtainable from the use of this method.

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